



Sandpiper Lodging Trust Hires Michael T. Helgeson as Vice President of Capital Markets

(Richmond, Va. – May 23, 2022) – Sandpiper Lodging Trust (“SLT”) is pleased to announce the recent hiring of Mr. Michael T. Helgeson as Vice President of Capital Markets. Mr. Helgeson is responsible for the education, promotion, marketing, and sales of Sandpiper Lodging Trust to Registered Investment Advisor firms across the country.

Prior to his arrival at Sandpiper, Mr. Helgeson held the Regional Vice President of Capital Markets role for the AOG Institutional Diversified Fund (AOGFX). This closed-end fund focused on private real estate, private equity, and private credit/debt. Helgeson was responsible for the education and sales of this fund solely to Registered Investment Advisor (RIA) firms, and their employed Investment Advisor Representatives (IARs). Prior to AOGFX, Michael served as Regional Director for Duncan Advisor Resources, responsible for the sale and promotion of long-term care, disability, and life insurance to independent insurance agents, and registered representatives of Cambridge Investment Research. From 2010 through mid-2019, Helgeson held both advisor and client-facing wholesaling positions with Jackson National (Banks & Regional Broker-Dealers), Transamerica (Regional Broker-Dealers), Capitas Financial (Banks and Independent Broker-Dealers), Black Creek Capital Markets (RIAs & All Broker-Dealers), and Globe Life (Direct to Consumer), in Denver, CO. His financial services sales experience includes variable annuities, mutual funds, REITs, 1031-exchanges, and life insurance.

Ned Sinnott, Managing Director of Equity Investments and Investor Relations at SLT, said, “Michael brings SLT extensive experience and knowledge of marketing within the Registered Investment Advisor channel. His energy, marketing skills, and relationships are going to be meaningful in helping us continue to develop our relationships with advisors and wealth managers across the country. We are thrilled to have him onboard.”

Mr. Helgeson holds a B.A. in Business Administration with an emphasis in Finance from the University of Colorado at Boulder. Mr. Helgeson holds active Series 7, 6, 65, 63 licenses, in addition to his Virginia resident life, health, long-term care, and variable contracts license.

About Sandpiper

Based in Richmond, Va., Sandpiper Lodging Trust (“SLT”) is a nationally-focused real-estate investment trust recognized as one of the leading companies specializing in extended stay lodging properties. The company continues to develop its portfolio through ground-up development and selective acquisition of performing and non-performing properties. SLT, along with its affiliated funds, owns a total of 36 extended stay hotels under the WoodSpring Suites, Candlewood Suites, Suburban Extended Stay, Savannah Suites, and Residence Inn brands. For more information, please visit www.sandpiperlodgingtrust.com.

Sandpiper Hospitality, an affiliated hotel management company, manages the entire SLT portfolio and manage 24 more hotels for unaffiliated third parties. Sandpiper Hospitality has earned its position as the leading operator in the extended stay hotel segment of hospitality by combining the spirit of genuine, welcoming hospitality with superior financial returns, fueling the growth and prosperity of its various stakeholders – from associates to guests to owners and investors.

For more information, visit www.sandpiperhospitality.com.

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